

The Power Within



for Women™

*Their Lives
Their Careers
Their Experience*

All Live & In Person

The Ultimate Gathering Of The World's Most Influential Women

June 6, 2006 • Metro Toronto Convention Centre - South Building, 255 Front Street W., Toronto, Ontario 9:00 AM to 5:00PM



Suzanne Somers

Self Empowerment: Maximize Professional & Personal Goals

Suzanne Somers is one of America's most popular and beloved personalities. In a multifaceted career that has spanned nearly three decades, she has achieved extraordinary success as an actress, singer, comedienne, New York Times bestselling author, entrepreneur, and lecturer. Suzanne has authored 13 books, including seven New York Times bestsellers. In 1997, Suzanne published Suzanne Somers' Eat Great, Lose Weight (Crown), the first in what has become a phenomenally popular series of books on "Somersizing," her sensible approach to weight loss and a healthier lifestyle. A sought-after commencement speaker and lecturer on the topic of addiction, recovery, and motivation.



Gloria Estefan

Motivation

Gloria Estefan is an international superstar, with five GRAMMY Awards and more than seventy million albums sold world-wide. She is the single most successful crossover performer in the history of Latin music. Estefan began her career as lead vocalist for the Miami Sound Machine and in 1989 went solo. While on tour she suffered a terrible car crash, which left her in critical condition. After enduring almost a year of grueling physical therapy, Estefan made an astonishing full recovery and returned to the top of the charts with a world tour. She has been the recipient of the American Music Award for Lifetime Achievement, the Hispanic Heritage Award, an MTV Music Award, the 1996 Hitmaker Award and the 2001 Sammy Cahn Lifetime Achievement Award. She has a star on Hollywood's Walk of Fame and in 2003 was inducted into the Florida Women's Hall of Fame.



Irshad Manji

Raising the Bar: Challenging Conventional Thinking

Irshad Manji is the best selling author of *The Trouble with Islam Today: A Muslim's Call for Reform in Her Faith*. In this open letter, published in fourteen languages, Irshad unearths the troubling cornerstones of mainstream Islam today and ultimately presents a positive message. She offers a practical vision of how Islam can undergo a reformation that empowers women, promotes respect for religious minorities, and fosters a competition of ideas. Above all, Irshad's goal is to work with young Muslims around the globe to launch a leadership center that will promote the liberal Islamic reformation. To achieve this goal she writes columns that are distributed worldwide by The New York Times Syndicate and is in the process of producing a PBS documentary about what there is to love about Islam.



Cherie Booth Blair

Leadership

Cherie Booth Blair is a trailblazer in her professional life and a dedicated wife and mother in her private life. She married Tony Blair in 1980 and in 1995 she became a Queen's Counsel, which is a title held by only 10 percent of English lawyers. Currently, she specializes in Public, Employment and European Community Law at Matrix Chambers law group in London. Ms. Booth Blair is the Chancellor and Honorary Fellow of Liverpool John Moores University (JMU), Governor and Honorary Fellow of the London School of Economics and the Open University, Fellow of the Royal Society of Arts, Honorary Fellow of the Institute of Advanced Legal Studies, a Doctor of Laws (Westminster University) and a Fellow of the International Society of Lawyers for Public Service. She is a Bencher of Lincolns Inn London as well as honorary Bencher of Kings Inn Dublin.



Dr. Marla Shapiro

Life Balance

Marla completed medical school at McGill University. She is a Certificant of the College of Family Physicians of Canada and a Specialist in Community Medicine as recognized by her Fellowship from the Royal College of Physicians and Surgeons of Canada. She is an Associate Professor in the Department of Family and Community Medicine at the University of Toronto and is in full time private practice. She has published extensively and lectures frequently.

Take advantage of the Advance Rate - Forward this information to your associates and friends. www.powerwithin.com



Member Rate \$189

General Seating Registration \$329 SAVE \$140

+GST

Purchase 5 tickets and receive the 6th ticket complimentary (Limited Time Offer)

CALL TODAY!
Ask for Rick @ Ext. 228

1.866.994.2555

All Sales Final. Speakers and date may be subject to change.



The Power Within for Women™

Leadership & Communication Skills:

- Use changing demographics to maintain unity & motivate others to support a vision.
- The power to overcome resistance and uncertainty in environments of rapid change.
- Inspiring yourself and others to perform consistently at the highest levels.
- How to use humor to lighten stressful situations.

Career & Business:

- The strategy to turn a dream into a reality.
- Building a career and business based upon values that last.
- Managing an inclusive work force.
- Understand and respect diversity in the workplace and community.

Personal & Life Success:

- Finding strength, motivation and strategies to turn "it" around when everything is falling apart.
- Bringing excellence to your personal and professional life.
- Maintain consistency of performance in a demanding professional and personal life.
- Inspiration, inspiration, inspiration!

Health & Wellness:

- Living a healthy life while balancing a demanding career
- Defining and establishing a benchmark for Health & Wellness
- Practical tools to keep your family healthy

You Will Experience The Following Benefits!

- Leadership Development Skills
- Improved Interpersonal Communication Skills
- Team Building
- Stress Reduction & Increased Productivity
- Energy & Enthusiasm
- Confidence & Certainty About The Future
- Networking With Like-Minded People

AND MUCH, MUCH MORE...

WHAT WOMEN ARE SAYING...

Another excellent Power Within event...so inspirational, motivational and moving. Can't wait for the next one.

Michelle Brenton, Bell West Inc.

Exhilarating and uplifting!

Debora Samson-Weeks, David Thompson Health Region

Excellent, everyone should attend this presentation!

Olga Potter

Uplifting, inspiring of course, but more than that; the most valuable gifts often appear when you expect them the least and yet need them the most- today, was one of those gifts to be savored, nurtured and used over and over again!

Bev Hammond, Wild Rose School Division

This was a wake up call. Useful, truthful and extremely entertaining.

Evelyn Peirce, Canada Post.

Fabulous, enlightening, inspiring, power-packed, truly life changing! Thank you with all my heart!

Darlene Musser, Movement Into Grace

What a fantastic day. I truly enjoyed and learned something different from each speaker. I am leaving feeling energized! Thank you.

Alicia Willy, Canadian Petroleum Safety Council.

Exceptional for women of all ages, sharing what women share best; love, support and hope.

Arlee Ripkens, Northern Lights School Division.

Excellent day with exceptional women- thank you!

Ashleigh Whitworth, Brown Whitworth Health Co.

Who Should Attend

- CEOs
- Human Resources
- Sales Professionals
- Public Affairs
- Public Relations
- Entrepreneurs
- Administrative Professionals
- Health & Wellness Practitioners
- Civil Servants
- Educational Professionals
- Managers & Team Leaders

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