

## ***Women in Transformation*** ***April 5-6, 2011***

***Elm Hurst Inn and Country Spa***  
***415 Harris Street, P. O. Box 123***  
***Ingersoll, Ontario, N5C 3K1***  
***Phone: 1-800-561-5321 or 519-485-5321***

### ***Rationale***

As a woman in a leadership role, you take ownership of your professional development. You bring valuable perspective and resource to your engagements. How you see yourself and how you engage others influence and impact the quality of your interactions.

*Women in Transformation* is grounded in rigorous, experiential learning that provokes you to:

- Step outside of what's comfortable
- Reflect on who you are
- Assess your power
- Examine your impact
- Intentionally re-align your image and communication style
- Initiate change and take action

in the context of being a woman, a leader, honouring all your roles. Over two days, *Women in Transformation* will feed your soul and satisfy your need for a learning environment that speaks specifically to the complexities facing women. Your return on investment will be powerful leadership and effective mentorship.

### ***Learning Objectives***

- Identify values and paradigms impacting engagement with others
- Using DISC profile, identify personality profile and state how it drives behaviour
- Distinguish between intent and impact
- Recognize impact of gender and image in building positive and productive influence
- Write an action plan to initiate three behavioural changes

### ***Topics Covered:***

- Ground rules
- Way of Being
- Personality
- Intent vs Impact
- Power
- Purpose
- Paradigms
- Values
- 360° Feedback
- Image
- Gender
- Action Plan

### ***Logistics***

- **Tuesday, April 5 - Registration 8:00 am**
  - Session 1 - 8:30 am – 4:30 pm Lunch included, dinner on own
  - Session 2 – 6:30 pm – 8:30 pm
- **Wednesday, April 6**
  - Session 1 – 8:30 am – 4:30 pm Lunch included
- **Workshop registration: \$495 plus HST**
  - Price includes workshop materials continental breakfast, breaks and lunch
- **Rooms available**
  - Single accommodation \$99/day includes breakfast buffet
  - Double accommodation \$55 pp/day includes breakfast buffet
  - Please contact Elm Hurst Inn for reservations
- **Full spa treatments available upon request**
- **Cancellation policy**
  - Cancellations must be received in writing before February 1 and are subject to an administration fee of \$150. Substitutions are welcome at no charge.

***For further info, contact:***

***Catherine Nanton 416.433.3017***

***[catherine.nanton@rogers.com](mailto:catherine.nanton@rogers.com)***